### **Postoperative Ileus**

Definition Pathophysiology Research models Problems Treatment





Functional inhibition of propulsive bowel activity

Abdominal distension, nausea, vomiting, delayed defecation

Normal after abdominal and remote operations, up to 3 days

Lack of spike waves, memb. hyperpolarisation





#### Return to normal motility

Stomach 24-48h, small bowel within 24h (R) colon 24-48h, (L) colon 48-72h

Postoperative ileus Postoperative paralytic ileus





#### **Control Factors**

Myogenic Neurogenic <u>Ho</u>rmonal



## Myogenic factors

ECA Electrical control activity, slow waves DERA Discrete electrical response activity, spikes CEC Contractile electrical complex CERA Continuous electrical response activity





Originate in inner circular layer Omnipresent oscillation of sm memb. pot. 2 to 14 cycles/min





Action potentials superimposed on ECA Occur only in response to ECA Correlates on 1-to-1 basis with segmental contractions

DERA and contractions not a/w every ECA osc





Originate in long. layer Long duration electrical oscillation Controls occurrence of CERA





Long duration contractions lasting thru' one or more ECA cycles

CEC and CERA associated on a 1-to-1 basis with colon contractions





### ECA and DERA control mixing of colonic contents CEC and CERA effect propulsion of colonic contents



### Migrating Motor Complex (MMC)

Fasting state, several min every hr

Phase I Near complete absence of spike waves

Phase II Intermittent increasing spike waves

Phase III Large no. of spikes with every slow wave

Phase IV Burst of activity ends rapidly

Eating disrupts this pattern and a generalised pattern of increased spike waves occurs, representing corresponding changes in contractile peristaltic patterns of the bowel and its response to food





Parasym. (+) Sym. (-)

Myenteric plexus Submucosal plexus



### Hormonal Factors

CCK, gastrin, VIP, GIP, motilin, serotonin, ATP, PG's, somatostatin, substance P, vasopressin, neurotensin, glucagon, somatostatin, calcitonin gene-related peptide



### Research models

Subprimates Primates Humans **Clinical evaluation Biochemical measurement** Balloon kymography Transit studies Intraluminal pressure Myoelectric activity





JANUARY 1999.

#### PULMONARY FUNCTION FOLLOWING LAPAROSCOPIC OR CONVENTIONAL COLORECTAL RESECTION

DOES THE FACE PROTECT THE BRAIN! A CASE-CONTROL STUDY OF TRAUMATIC BRAIN INJURY AND FACIAL FRACTURES IMPAIRMENT OF CARDIAC PERFORMANCE BY LAPAROSCOPY IN PATIENTS RECEIVING POSITIVE END-EXPIRATORY PRESSURE

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PERFORATION OF THE SIGMOID COLON DUE TO GEOPHAGIA

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### 1995 Apr; 130(4): 415-9

Postop intest. motility following conventional and lap intest. surgery Bohm et al

Recovery from postop ileus after lap surgery is more rapid in the canine model

www.ama-assn.org/surgery

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# SURGERY

A MONTHLY JOURNAL DEVOTED TO THE ART AND SCIENCE OF SURGERY

#### **JANUARY 1999**

Volume 125 Number 1

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NEXT MEETING MAY 2.4, 1998 NEW HAVEN, CONNECTICUT

CENTRAL SURGICAL ASSOCIATION AMERICAN ASSOCIATION OF NEXT MEETING MARCH 4-6, 1999

#### M Mosby

PUBLISHED BY MOSBY, INC., ST LOUIS, MO 63146-3318, USA ISSN 0039-6060

#### 1997 May; 121(5):550-5

#### Lap colectomy shortens postop ileus in a canine mode

# The strain of Surgery\*

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Ultrasounds from the Emergency Department/Assessment at a

Excerpta Medica

#### 1997 Jul; 174(1):79-82

#### Canine intest myoelectric activity after open vs lap assisted (R) hemicolectomy

#### No difference

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Excerpta Medica

#### 1995 Jan; 169(1): 79-82

# Epidural analgesia shortens postop ileus after IPAA

# THE AMERICAN SURGEON

Official Publication of the

- · Southeastern Surgical Congress
- Midwest Surgical Association
- · Southern California Chapter of the American College of Surgeons



#### March 1999

Volume 65 Number 3 AMSUAW ISSN 0003-1348

Published monthly by the Southeastern Surgical Congress \* Atlanta

CLINICAL PATHWAY

### 1996 Jun; 62(6):499-502

Epidural analgesia does not shorten postop ileus after IPAA

### AUGUST 1990 The American Journal of Surgery\*

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1995 Oct; 170(4):371-4

PCA after uncomplicated colectomy increases the risk of prolonged postop ileus



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#### 1993 Jan;165(1):107-11

#### Ketolorac prevents postop small intestinal ileus in rats

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# The American Journal of Gastroenterology



Volume 34 Number 2

Botox and Achalasia
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· Pancreatins: Can the Amylase Be Normal?

### 1993 Feb; 88(2):208-11

Effect of i/v erythromycin on postop ileus 250mg q8h x 9 doses No effect

Elsevier

# THE AMERICAN SURGEON

Official Publication of th

- · Southeastern Surgical Congress
- Midwest Surgial Association
- · Southern California Chapter of the American College of Surgeons



#### March 1999

Volume 65 Number 3 AMSLLAW ISSN 0003-1348

Published monthly by the Southeastern Surgical Congress \* Atlanta

### 1993 Nov; 59(11):758-63

# Oncotic pressure, albumin and ileus

# Albumin repalcement had no effect on postop ileus





VIP and substance P receptor antagonists improve postop ileus



**Surgical Research** 

A Journal of Laboratory and Clinical Investigation

Official Publication of the Association for Academic Surgery Official Publication of the Association of Veterans Administration Surgeons

Journal of





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Improved Selection Criteria for Ordering Stat Venous Ultrasounds from the Emergency Department/American at AL

Excerpta Medica

### 1993 Jan;165(1):113-9

## Treatment of acute postop ileus with octreotide

Octreotide shortened the duration of postop ileus in the small bowel and colon of dogs

FOR COMPLETE TABLE OF CONTENTS, SEE PAGES A3 THROUGH A6

### Surgery Today 1998; 28(8):787-911

PG F2alpha and cisapride may be useful as prokinetic agents to promote recovery of postop ileus after the reappearance of MMCs

# THE AMERICAN SURGEON

Official Publication of the

- · Southeastern Surgical Congress
- Midwest Surgical Association
- · Southern California Chapter of the American College of Surgeons



#### March 1999

Volume 65 Number 3 AMSUAW ISSN 0003-1348

Published monthly by the Southeastern Surgical Congress • Atlanta

CLINICAL PATHWAY

#### 1996 Jun; 62(6):507-11

There was no diff in duration of postop ileus regardless of whether i/c or e/c mesen division and anas were undertaken

### Surgical Endoscopy Ultrasound and Interventional Techniques

olume 13 Number February 19

OFFICIAL JOURNAL OF

Society of American Gastrointestinal Endoscopic Surgeons (SAGES)

European Association for Endoscopic Surgery (E.A.E.S.)

Indexed and abstracted in Index Medicus-MEDLINE Included in the MEDLARS system and in Current Contents







464 Surg Endosc ISSN 0930-2794 SUREEX 13 (2) 99-208 (1999)

### 1993;7(5):416-9

### Garcia et al

#### LC vs CC+injection of 20 ml 0.5% bupivacaine into mesen. root

### Anesth-Analg. 1998 Feb; 86(2):235-9

I/v lidocaine speeds the return of bowel function, decreases postop pain and shortens hospital stay in patients undergoing radical retropubic prostatectomy



#### Homeopathy for postop ileus? A meta-analysis

# There is evidence that homeopathy can reduce the duration of ileus after abdominal and gynecologic surgery



### Retrospective vs trials Animal models Different end-points Confounding factors





# Return of MMC after Abdominal Surgery. End of Postoperative Ileus?





# Conscious effort of preventing fecal evacuation may itself alter colonic motility





Mechanism for postop ileus is largely independent of the site and extent of operative dissection, length of operation and degree of intestinal handling ..... !! ??





General Specific





Metoclopramide antidopaminergic benzamide Domperidon antidopaminergic Cisapride indirect cholinergic, 5HT R093877 benzofuran, 5HT4



### 1998 Nov; 228(5):652-63

### ANNALS OF SURGERY

A Monthly Review of Surgical Science and Practice Since 1885 Surgical manipulation of the gut elicits an intestinal muscularis inflammatory response resulting in postsurgical ileus

