

# DIVERTICULAR DISEASE INTESTINAL OBSTRUCTION

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R1 /R2 Talk

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# Diverticular disease of the colon

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Pathophysiology

Prevalence, Natural history

Symptomatology

Complications

Diagnostic adjuncts

Medical treatment

Indications for surgery

Surgical principles

Surgical options

# Terminology

## Basic Terminology Pertinent to Diverticular Disease

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True diverticulum	Contains all layers of bowel wall
False diverticulum	Absence of muscular layer
Diverticulosis	Noninflamed diverticula
Diverticulitis	Inflamed diverticula
Diverticular disease	Entire disease spectrum
Uncomplicated diverticulitis	Includes phlegmon, peridiverticulitis
Complicated diverticulitis	Includes abscess, fistula, obstruction, or free perforation
One-stage procedure	Resection and anastomosis without a stoma
Two-stage procedure	Includes stoma and resection
Three-stage procedure	Stoma usually at first stage

# Historical Studies

## Early Anatomic and Pathologic Studies

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- 1793 Mathew Baillie's *Morbid Anatomy* describes "scirrhus" of the sigmoid
- 1849 Cruveilhier makes first detailed account and notes fistulas
- 1899 Graser shows relation of diverticula to blood vessels
- 1904 Beer summarizes clinical and pathologic aspects
- 1907 Terrill proposes terms "diverticulosis" and "diverticulitis"
- 1908 Telling collects 105 cases, with discussion of clinicopathologic aspects
- 1910 Keith attributes diverticula to high intracolonic pressures
- 1916 Drummond describes pericolonic vessels and diverticula
- 1917 Telling and Gruner publish detailed pathophysiologic and clinical studies
- 1961 Griffiths describes arterial blood supply of colon
- 1962 Slack defines position of colonic circumferential blood vessels to diverticula in autopsy-surgical specimens

# Surgical trends

## Important Surgical Historical Trends

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1940s	Three-stage procedures for complicated disease
1950s	One-stage resection/anastomosis for uncomplicated disease
1970s	Questioning of three-stage operations Aggressive primary resection of primary focus Popularity of Hartmann procedure
1980s	Use of percutaneous drainage for abscesses Selective anastomosis in presence of perforation
1990s	On-table lavage for obstruction, some cases of perforation Limited use of laparoscopic resection for elective resection

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# Surgical trends

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## Surgical Trends in Diverticular Disease

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Abandonment of three-stage procedures

More aggressive use of resection

Longer lengths of resection

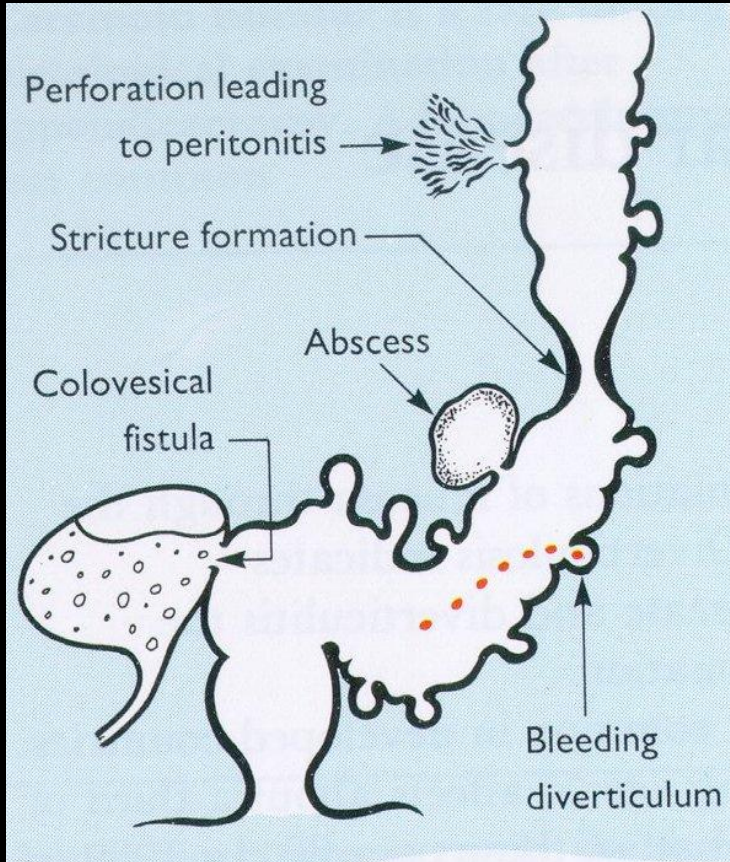
More accurate bleeding localization and resection

Use of on-table lavage

Use of CT scans for diagnosis

Percutaneous drainage of abscesses

# Complications



**Bleeding** 15%, 5% massive

Spontaneous arrest 70%

Rebleed 30%; 50% after 2nd episode

**Diverticulitis** 15-20%

Complications 20%; 50-60% with 2<sup>nd</sup> episode


Abscess 40-50%

Stricture/Obstruction 10-30%

Free perforation 10-15%

Fistula 4-10%

# Intestinal Obstruction



Is there intestinal obstruction?

Where is the level of obstruction?

What is the cause of obstruction?

Are there any complications?



# Principles of Surgery



Relieve obstruction

Resect pathology

Reconstitute bowel continuity

# Choice of operation



Patient factors

Disease factors

Surgeon factors

# Pseudo-obstruction

**TABLE 1. *Secondary Causes of Intestinal Pseudo-obstruction***

**Collagen vascular disorders**

- Progressive systemic sclerosis (scleroderma)
- Dermatomyositis, polymyositis
- Systemic lupus erythematosus
- Ehlers-Danlos syndrome

**Neurologic disorders**

- Parkinson's disease
- Hirschprung's disease
- Chaga's disease
- Familial autonomic dysfunction
- Psychosis

**Endocrine disorders**

- Hypothyroidism
- Diabetes mellitus
- Hypoparathyroidism
- Pheochromocytoma

**Miscellaneous disorders**

- Jejunioileal bypass
- Jejunal diverticulosis
- Carthartic abuse
- Amyloidosis
- Sclerosing mesenteritis

# Pseudo-obstruction

TABLE 2. *Metabolic or Drug-induced Intestinal Pseudo-obstruction*

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Pharmacological causes

Phenothiazines

Tricyclic antidepressants

Antiparkinsonian medications

Ganglionic blockers

Clonidine

Amanita mushroom poisoning

Electrolyte abnormalities

Hypokalemic, hypochloremic alkalosis

Hyponatremia

Hypercalcemia

# Pseudo-obstruction



Neostigmine for the treatment of  
acute colonic pseudo-obstruction

N Engl J Med 1999 Jul 15;341(3):137-41



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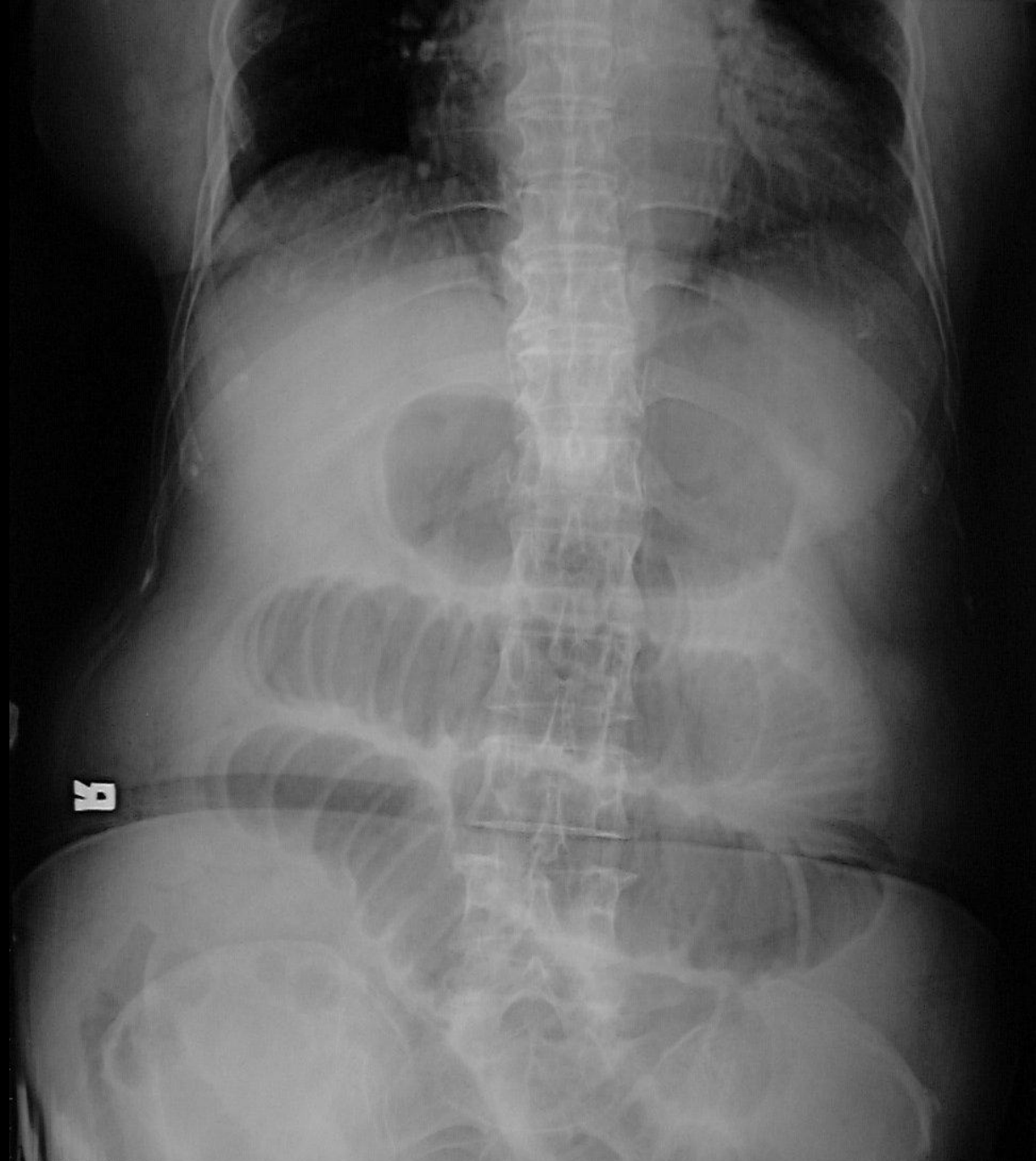
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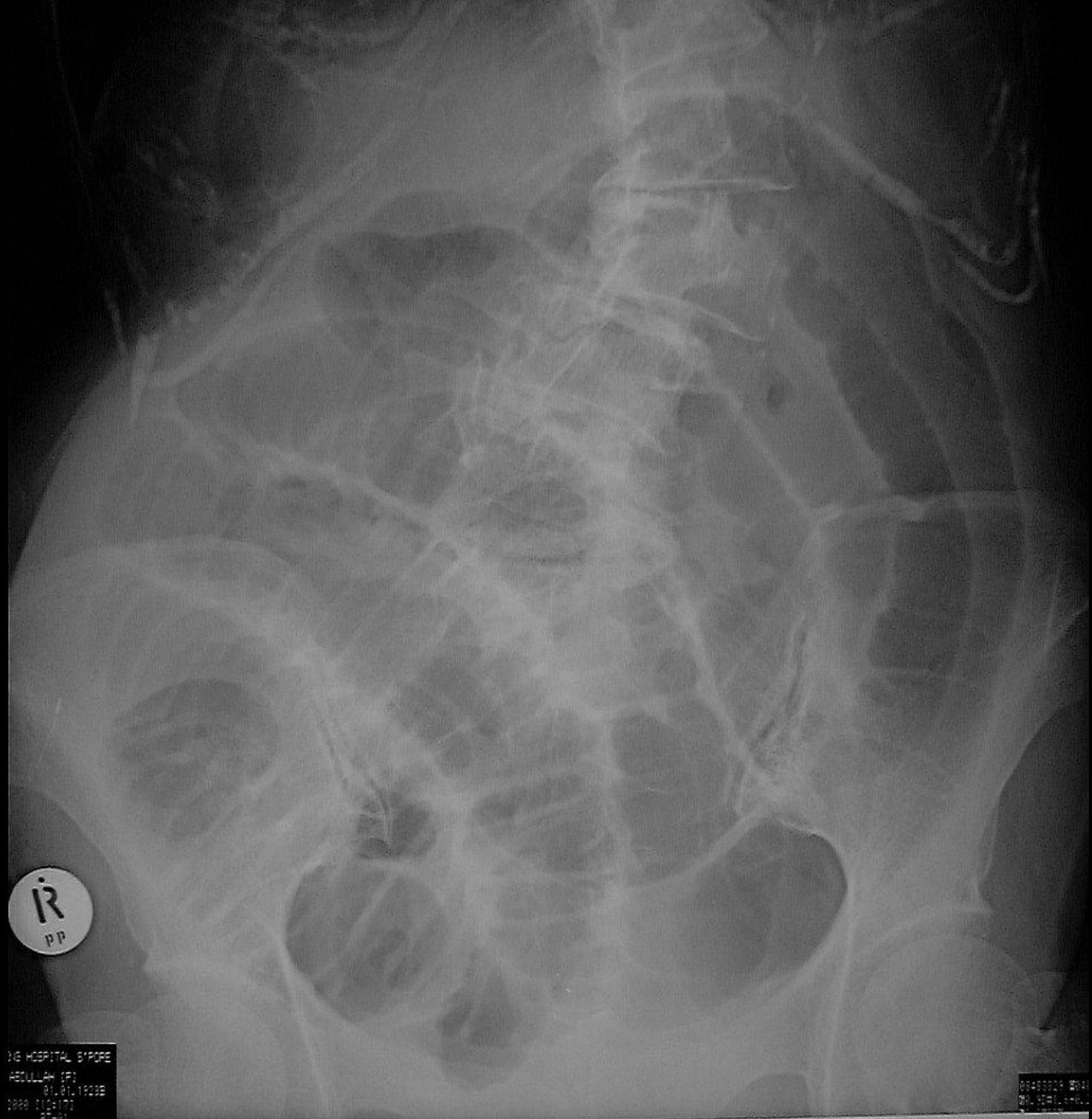


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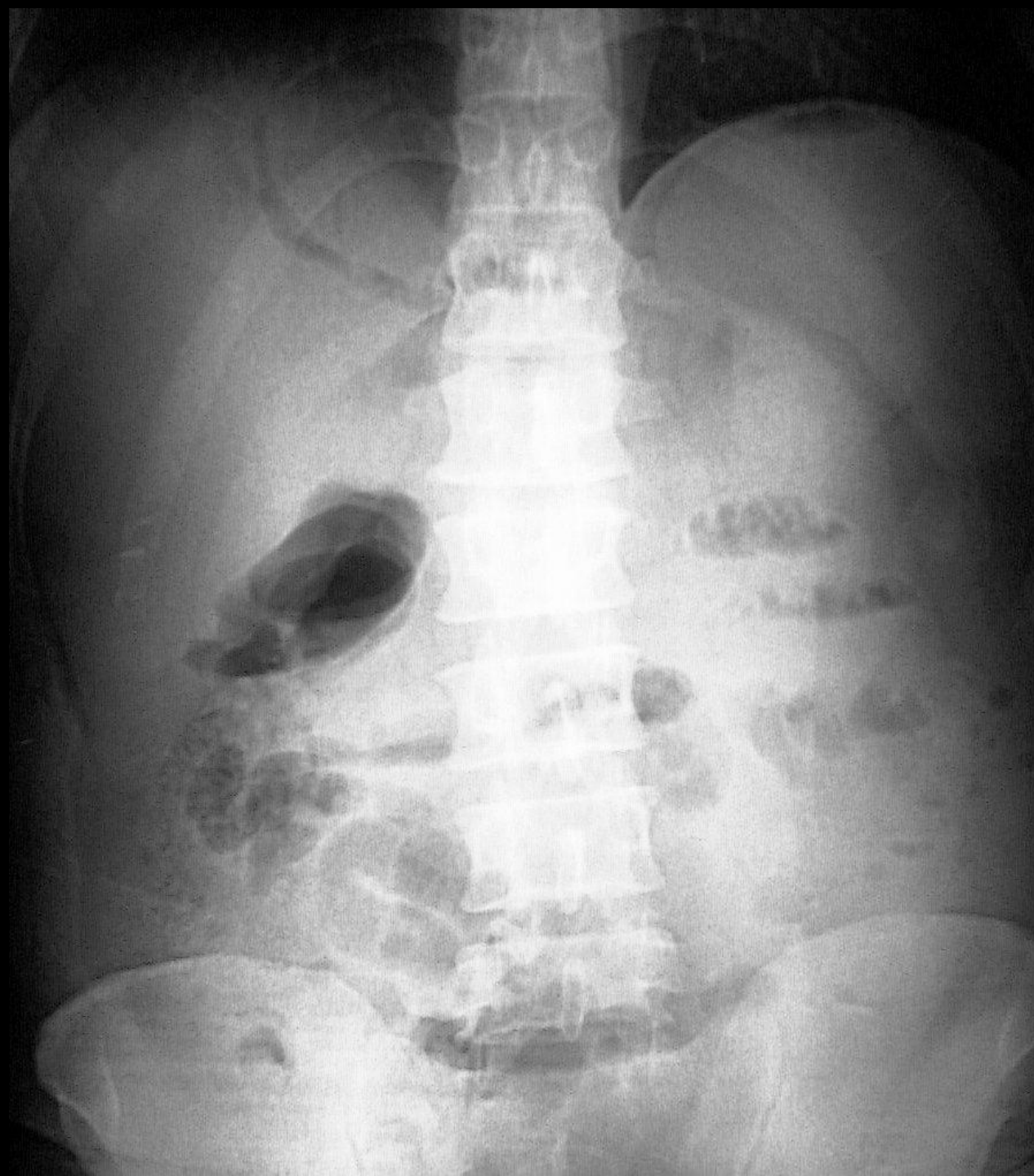
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S0747818F (R-Renato)  
AN HOON SEOW

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AN TOCK SENG HOSPITAL S'PORE  
37479818F (R-Lay Yam  
Tel: 11023 01 018

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